

## Alison Underwood

Trainer / Coach / Training Designer

### Has worked with:

- Yahoo!
- Thomas International
- Hamptons
- BMW
- Alexander Forbes



### Background

Alison began her career in advertising, holding managerial positions with Yellow Pages Sales before moving to Italy to embark on a teaching career. Returning to the UK at the start of the internet revolution, Alison continued her management career within the IT industry heading up customer services, managing technical support and training. Following this she moved to a management consultancy position for Halifax Bank of Scotland.

### Expertise

- Uses a variety of methodologies to improve people performance at work
- Has undertaken training with behavioural change pioneers in the UK and USA
- Uses accelerated learning techniques such as NLP, TA and Covey

### Qualifications & Professional Memberships

- Certified Master Practitioner of NLP
- Certified NLP Coach
- Certified Practitioner of *Time-Line Therapy*<sup>®</sup>

### Interests

Alison enjoys learning, art, languages, piano, food, wine, dogs, having fun, cheesy films and laughing loads!